



# The Botolph Bell

The Magazine for the Parish of Heene  
February 2018

# What's on at St. Botolph's

Look at the regular events we hold in addition to our prayer group and Sunday morning services:

<b><u>Monday</u></b>	10.00 am - 11.00 am	Gentle Exercise Class
<b><u>Tuesday</u></b>	7.30 pm	Folk group practice
<b><u>Wednesday</u></b>	10.00 am - 11.45 am	U3A Inspired Instrumentalists
	12.00 pm - 1.00 pm	Instrumental Groups
	7.00 pm - 8.00 pm	Tai Chi
	8.00 pm - 9.00 pm	Kick Boxing
	8.00 pm - 9.00 pm	Oriental Dancing
	7.30 pm - 9.00 pm	Bell Ringers' practice
<b><u>Thursday</u></b>	7.30 pm - 9.00 pm	Spring into Soul Community Choir
<b><u>Friday</u></b>	10.30 am - 12 noon	Coffee morning
	11.00 am - 11.30 am	Home Ed. Children's Recorder Group
	12.00 pm - 1.00 pm	U3A Beginners' Recorder Group
	7.00 pm - 8.00 pm	Oriental Dancing ( <i>Monthly</i> )
	7.30 pm	Church Choir Practice
<b><u>Saturday</u></b>	10.00 am - 11.00 am	Oriental Dancing ( <i>Monthly</i> )

All events are weekly unless otherwise stated and contact details are shown at the back of this magazine.

*St. Botolph's Church, Lansdowne Road, Worthing BN11 4LY  
[entrance on Manor Road for most mid-week events]*

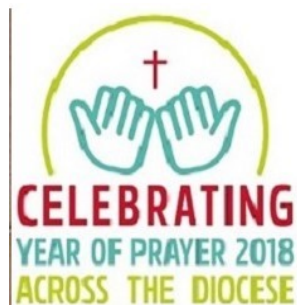
## Services

Friday, 2nd February	10.15am	Prayer Group
Sunday, 4th February	10.00am	Sung Eucharist
Friday, 9th February	10.15am	Prayer Group
Sunday, 11th February	10.00am	Sung Eucharist
Friday, 16th February	10.15am	Prayer Group
Sunday, 18th February	10.00am	Sung Eucharist
Friday, 23rd February	10.15am	Prayer Group
Sunday, 25th February	10.00am	Sung Eucharist
Friday, 2nd March	10.15am	Prayer Group
Sunday, 4th March	10.00am	Sung Eucharist

## Thought for the Month

# The Botolph Bell

The Bishop of Chichester, Dr Martin Warner, has declared that after a year of Mercy (2016) and a year of the Bible (2017), 2018 will be known as the “Year of Prayer”. It is part of a five-year strategy aimed at renewing ministry for mission for the Church of England across Sussex. “This is a



Diocesan initiative to help us to develop and deepen the life of prayer and spirituality within the diocese with a particular emphasis on building bridges between our personal and corporate prayer, thus enabling us better to pray our worship” explained the Bishop.

Amongst the highlights will be a series of prayer pilgrimages to Chichester Cathedral and more teaching on prayer. Included in this category is a specially designed six week Lent Course “Inspiring Vision” with guest contributors including the Archbishop of Canterbury and Dame Patricia Routledge. There will also be practical material on the Diocesan website about how to make a Rule of Life which could make this Year of Prayer life changing and life enhancing for many local Christians.”

Here at St Botolph’s Church, in addition to the Sunday 10am Parish Eucharist there is a Prayer Group meeting for 15 minutes at 10.15am every Friday; but of course our prayers are not restricted to church times for we are all encouraged to set aside a time for prayer every day. Our Lord Jesus gave us an excellent example of how to pray with “The Lord’s Prayer”; and “The Summary of the Law” teaches us to think of God first, others next, and self last. Many years ago I found a suggestion by a former Bishop of Salisbury helpful. I call it my ‘Fiver Finger Prayer’, using my right hand. You may care to try it for yourself and here it is.

My thumb is nearest to me, so I pray for all those who are nearest to me. Then there is the next finger; that’s the one that people point at me. The one used at school when they wanted me. So I pray for those who teach or help me. Then there is the third finger; that’s the tallest so I pray for those in authority. Then there is the fourth finger, that’s the weakest of

(continued overleaf)

February 2018 56th Edition



# ADOPTION

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the lot so I pray for the sick. Then there is the little finger, that's me - that's when I pray for myself, that I may do my work really well - though that comes after all the other prayers. So to re-cap: first, those I love; second those who help me; third, the VIPs; fourth, the sick; and fifth, myself.

To our readers, I wish you a very blessed and prayerful year 2018!

Raymond Wood

## **Change a life – adopt a local child**

Have you, or has someone you know, been thinking about adoption?

There are currently many children in foster care in West Sussex, waiting for a new adoptive family. West Sussex County Council's Adoption Team is keen to hear from you and answer any questions you may have.

The children waiting for adoption have had a difficult start in life; there is a need for adoptive families from all backgrounds to match the needs of these children.

The County Council is particularly keen to hear from people with a medical or caring background who would consider adopting a child with learning needs or medical conditions, such as Foetal Alcohol Syndrome.

There is no age limit to being considered for adoption and you do not have to be married or in a relationship. The County Council also welcomes enquiries from members of the LGBT community.

Find out more at a local information session, dates of which can be found at [www.westsussex.gov.uk/adoption](http://www.westsussex.gov.uk/adoption) or call the team for an informal chat on **0330 222 7777**.

**The views expressed in this magazine are not necessarily those of the editorial team.**

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## Music Matters

As readers who look regularly at our website will be aware, a new Organist and Choirmaster was appointed at St. Botolph's at the beginning of October, after a period of some eight months when the post was vacant.

Philip Bailey had been one of our visiting organists for several months, sharing the duties with Richard Baker (to whom we are also extremely grateful!), but although he has been nominally 'in post' since October, prior organ-playing commitments meant that Philip was unable to take up the position fully until January 2018.

Now he is with us each week for Friday choir practices and Sunday services, and has written this short piece to introduce himself:



*"Philip Bailey was born in nineteen hundred and typing error. At the age of eight he decided he wanted to be a cathedral organist, but we're still waiting on that. Whilst waiting for the telephone call from The Abbey he has wandered round Sussex playing where people will let him, generally on a Sunday morning.*

*In odd moments he does cryptic crosswords and accompanies choirs – playing in (in no particular order) Newcastle, Chichester, Portsmouth, Salisbury, Wells, Exeter, Bristol, Southwark, Guildford, St Albans, Gloucester, Worcester, Norwich, Lichfield, Derby, Southwell, Manchester, Ripon, Carlisle, Durham, Christchurch (Oxford), Llandaff (Cardiff), and St Woolos (Newport) cathedrals. The full set eludes him at present."*



### St.Botolph's Church Choir

*is keen to recruit new members in all voice parts (although altos/countertenors and basses would be particularly welcome).*

*The choir practises at 7.30 each Friday evening and sings at the 10am Eucharist on Sunday mornings.*

*For further details, please contact Philip on 01903 503057  
or email [no1sussexorganist@btinternet.com](mailto:no1sussexorganist@btinternet.com)*

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## On becoming a ringer

Having lived in the Parish for many years I have always enjoyed the regular sound of the Heene bells twice a week. It had struck me (excuse the pun) that the bells had a significant presence in the neighbourhood, a community performance as well as announcing Sunday service.



Last year my curiosity got the better of me when I ventured into the St Botolph's' bell tower open day at the summer fair when I gained an insight into this interesting and rather secluded world.

My interest was tweaked and I contacted Liz to arrange to go along for an introductory beginners' session in July. This led to individual tuition in the skilled hands of Val and Rik for the initial weeks - a brief session before the rest of the ringers arrived on the regular Wednesday night practice.

As a complete novice the first challenge has been to learn to handle a bell through mastering the two main stroke movements. The teaching has involved learning about holding the rope, correctly moving with it and catching at the right place and time. If this sounds tricky - it is, but practice and attention to technique at the start really pays off. After a few weeks of playing solo I was deemed safe enough to be let loose with my fellow ringers (albeit with stabilisers!)

As time has progressed along with my skills I am included as much as possible in the ringing. The Christmas period was a great opportunity to gain much needed practice, the high point was ringing on Christmas day. It felt a significant event last Sunday when, for the first time all eight bells were rung after a long break. We had attempted this on the previous practice night - little did I know I was being road tested!


I hope that I less resemble that scared man dangling at the end of a rope and have developed my handling technique so I am less of a hazard or source of amusement to my colleagues. The team have been supportive and accommodated my beginner needs within their normal practice routines. Sometimes their well-meaning tips and words of advice can feel rather overwhelming, however so much experience within the group is not to be ignored. Like many pursuits it has its own language which can be quite

baffling at first to the newcomer - I have had glimpses of the delights of Plain Bob minor and Reverse Canterbury. The challenges ahead lie in change ringing with ringers following a pattern called a method, where the bells change the order in which they strike each time. So it's not just a case of managing to handle a bell, you have to watch and listen to know when you strike and be able to vary the pace of your ringing to fit in with the group.

My advice to any potential newcomers would be to firstly just come along and see for yourself. From my induction so far I have found it to be a very absorbing hobby which requires a degree of physical and mental skill - there is a sense of entering into another world which connects through ringing to the community.

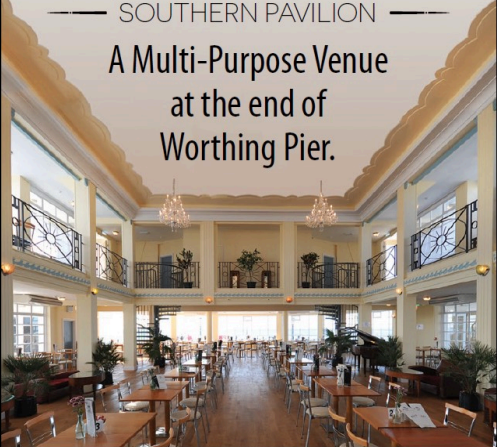
Finally I would like to thank readers for tolerating a novice ringer in the Parish over the past few months. If this article has tweaked your interest do come along, you can be reassured that you will be in good company including a fellow learner who will probably now lead the chorus of those giving well meaning advice!

Jim Pillow



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# Adventures in

That was the standard reply in various formats, which we received when we said we were going to visit Ethiopia. Well, a fascinating, amazing and beautiful country is “what’s there?”. A long and distinguished heritage, and the origins of mankind, coupled with the ancient Ethiopian Orthodox Church makes this a unique country to visit.

We started in Addis Ababa as most visitors do, a city of five million people and growing, with commercial and residential constructions everywhere. A peculiarity of the country is that they still follow the Julian calendar, which has 12 months of 30 days, and a 13<sup>th</sup> month of five or six days. New Year starts on September 11<sup>th</sup> and their calendar is seven years and eight months behind our own Gregorian calendar!

Whilst in Addis Ababa we visited the Holy Trinity Cathedral, which is the final resting place of Emperor Haile Selassie and his wife in identical granite tombs. Surprisingly, Sylvia Pankhurst – the famous Suffragette and her son Richard who died in 2017 are buried in the graveyard, having spent the latter part of their lives in Ethiopia. A “must visit” is to the National Museum where the highlight is the 3.5 million year Skelton of “Lucy”, whose discovery in 1974 forced a complete of rethink of human genealogy.



**The tomb of Sylvia Pankhurst and her son Richard Pankhurst in the grounds of Holy Trinity Cathedral Addis Ababa**

Driving out of the city into the country is fascinating. Moving from the 21st Century to the medieval or



earlier period in one go. No mechanical agriculture, everything done by man or beast. A real insight into a bygone age, complete with dirt roads. Leaving Addis Ababa we flew to Bahir Dir, a city on the edge of Lake Tauna, the largest lake in Ethiopia with many island monasteries. We made a short excursion to see The Blue Nile Falls, where the river plunges over a 135 ft. high rock face, known locally as “The water which smokes”. Fortunately, it is the end of the rainy season, so the river is in full spate,

making a spectacular display.

Going by boat, we cross Lake Tauna to the Zege Peninsular, where the 16<sup>th</sup> Century Ura Kidane Mihret church, circular in shape is situated. The interior walls were covered in a jumble of very colourful and vivid murals of saints and Biblical stories.

A day’s drive takes us into the Simien Mountains where we are staying at a Lodge, reputedly at 9,500 ft. the highest in Africa. Our accommodation consists of round thatched tukel-style huts with all mod. cons apart from heating, which consists of extra blankets and hot water bottles, thoughtfully provided by the bar staff! The restaurant and bar had open fires to keep us cosy. One of the highlights of a visit to

# Ethiopia

the Simien Mountains is the ability to see families of Gelada monkeys, which have no fear of man, allowing one to get really close to these lovely animals, watching the young ones playing and their elders grooming each other.



Leaving the mountains, we drive to Gondar to visit the 17<sup>th</sup> century complex of castles and palaces, focusing on The Royal Enclosure. A brief visit is made to a local Government primary school, which causes great excitement amongst the pupils; they are amazed to see their images on our camera screens.

A short flight takes us to Axum where we are able to visit the Stelae Field, which consists of ancient monuments including the 75ft. Rome Stelae along with other royal tombs. There is also a museum which has a collection of ancient crowns and crosses and other church relics. We then drove to the Queen of Sheba's pool, a small rock-hewn reservoir where the local young men are swimming, to cool off from the heat of the day. Swimming trunks would appear to be optional!

Our final destination is the ancient and holy city of Lalibela; still somewhat remote; the asphalt road surface finishes at the airport perimeter. The main attraction is the central complex of 13 rock-hewn churches and chapels. It is probably the most impressive historical site anywhere in sub-Saharan Africa. The most eye catching is the isolated church dedicated to St. George. It is the only monolithic cruciform church left uncovered from a protective shelter. By very good fortune, we were there on a Sunday when the feast day of St. Gabriel was being celebrated. One of the churches is dedicated to St. Gabriel. We were a handful of Brits amongst a mass of Ethiopians under a hot cloudless sky.



The priest stood on the side of the hill preaching to the multitude, who were dressed in their white robes, surrounding him; intermingled with small flocks of sheep and goats. As I stood there I was transported back two millennia, this could have been Jesus preaching to his followers. It was an awesome moment, to realise that this scene before me was the living embodiment of our faith stretching back over 2,000 years. One that I shall always be grateful for, and will always remember.

**Charles J. E. James**

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## Who's buried in Heene Cemetery?

William Skindle (1817 – 1918) Elizabeth Skindle (1822 – 1900)

HEENE St Botolph

Row 4/33 Ledger stone

SKINDLE

In loving memory of ELIZABETH the beloved wife of WILLIAM SKINDLE who died July 12th 1900 aged 78 years "With Christ which is far better" and of WILLIAM SKINDLE who died April 26th 1918 aged 101 years.

William was born in Maidenhead, son of William (from London) and Mary (from Maidenhead). He is one of three centenarians buried in the cemetery.

Elizabeth was born in Burnham, Buckinghamshire, daughter of Lawrence and Ann Castle. William and Elizabeth were married in May 1841 in Burnham. They had no children.

The hotel keeper at the Orkney Arms Hotel, Taplow in 1861, was William Skindle senior. Wife Mary and William junior (also described as an hotel keeper) with Elizabeth, were there, together with several visitors, with their servants, and two boarders and their families. There were 19 people in all at the hotel.

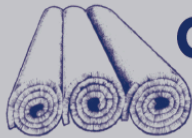
By 1871 William Junior and Elizabeth were in charge at the Orkney Arms. William's brother, Henry Skindle, was there too, plus seven servants, including a waiter and a 'cork'! There were 12 visitors, from places as far apart as Ireland and Kent.

The couple had moved to the Marine Hotel, Worthing, 33 Marine Parade, about 1873, and they were there until 1884. The Marine Hotel started life as the New Inn, was rebuilt in 1826 by Oliver Hillman – it was on the corner of South Street and was later demolished to become a series of Restaurants, including the Cowshed and Forty Two.

In 1881 at Marine Hotel, there were William, Elizabeth, unmarried brother Henry Skindle, unmarried niece Marion Castle plus seven servants – a chambermaid, barmaid, housemaid, kitchen maid, scullery maid, a waiter and a pantry-boy. There were nine boarders.

By 1891 William had retired and was living in Manor Avenue with Elizabeth and niece Maria J Castle, plus one female general servant.

The 1901 census sees William, now a widower, at Hamilton Cottage, in Manor Road, with his sister Louisa and a general domestic servant. He was



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still in Hamilton Cottage in 1911, with widowed Olave Moss as his house keeper and Beatrice Amy Potter as a general servant. He was there until his death in 1918.



(Photo Ray Garrett)

Editor's foot-note: I was born and brought up in Marlow, Buckinghamshire and remember well a hotel in Maidenhead called Skindles. It will be interesting to find out if there is a connection between the hotel and William and Elizabeth Skindle.

'1873: The first baptism took place at newly-opened St Botolph's Church, Heene. The child was christened "Shah", after the Shah of Persia who was visiting Great Britain at the time.'

Paul Holden—Worthing Journal

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## Scrabbling about for something to do?

**Q<sub>10</sub>** Do you enjoy word games, good company, and tea/coffee and cake or biscuits? Then why not come along to the St. Botolph's Rooms on the afternoon of **Tuesday, 27th February** and join us for our Scrabble Afternoon?

We're hoping to fit in one or two games (up to four players to each board), and will **start promptly at 2.30pm, with the aim being to finish at 4.30.**

A raffle will be held during the afternoon, and there will be a small prize for the person with the highest scoring Scrabble word.

**L<sub>1</sub>** If you don't wish to play, but would like to come along as a spectator and to enjoy the tea, then you would be very welcome as well.

**The cost per person (player or not) will be £4.** To book your place, **please contact Jackie on 01903 202036, or via email [jackie.didymus@virginmedia.com](mailto:jackie.didymus@virginmedia.com)** and indicate whether or not you wish to play. Payment will be taken at the door on the day. Entrance will be via our Manor Road door at the back of the church.



## Festive fun and games answers

**Did you puzzle over the quizzes in our Christmas/New Year edition? Now you can check your answers:**

**Seasonal celebrities:** Judy Garland; Noel Coward; Carol Vorderman; Rudolph Valentino; Holly Willoughby; Alan Shepard; Peter Snow.

**Bone up on your Christmas songs:** 1) Jill begs Len - Jingle Bells; 2) Kneel dottily - Little Donkey; 3) Tinsel two - Let it snow; 4) Sonic gas knowledge - Good King Wenceslas; 5) Sweet gherkin - We Three Kings; 6) Boom, twentieth hotel fell - O Little Town of Bethlehem; 7) Deplored, he is the odder runner - Rudolph the red-nosed reindeer; 8) Wild renowned rant - Winter Wonderland; 9) Where stepchild wed shah - While Shepherds Watched; 10) To Wishy Washy, rare crummies - We Wish You a Merry Christmas.

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caring for you**



**in the comfort of your  
own home**

## **Personal Care in the Comfort of your Own Home**

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- Respite Care
- Palliative Care
- Medication Assistance
- Night care
- Domestic Help
- Companionship
- Driving
- Shopping
- Meal Preparation

For a friendly chat, call:

**01903 389098**

Email: [worthing@gacarers.co.uk](mailto:worthing@gacarers.co.uk)

**Guardian Angel  
carers**

[www.gacarers.co.uk](http://www.gacarers.co.uk)

# Who to contact

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Home Ed. Recorder Group U3A Beginners' Recorder Group	Jackie Didymus	01903 202036 jackie.didymus@virginmedia.com

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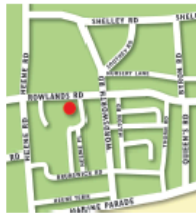
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